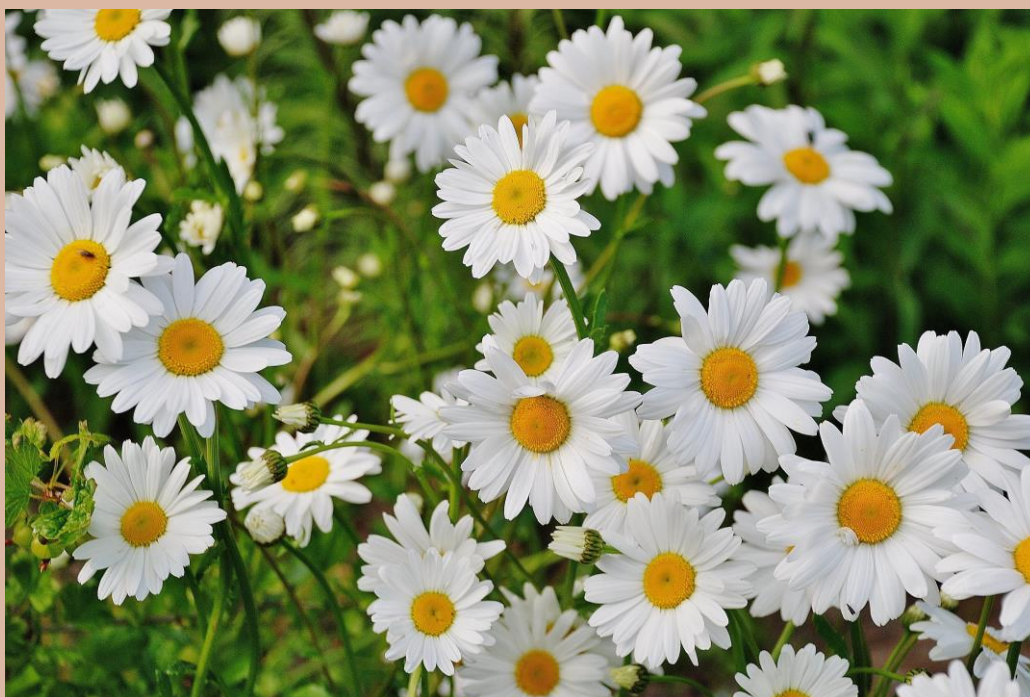


# Magic Potions



Perfect for smaller ones – have a go at making natural ‘potions and spells’ to cast in the garden



Have you wanted to make a potion that will help your plants grow quicker or to cast a spell to create lovely colours in your garden?

## What you'll need

- Cup/s
- Water
- Stick
- Natural materials  
e.g. mud, leaves,  
flowers etc.
- Food colouring
- Kitchen herbs and  
spices

## What to do/instructions:

**It's best to do this activity outside as it can get messy!**

**Fill your cup halfway with water**

**Collect any natural materials to add to your potion. Use a stick to mix stir or crush**

**To give your potion some extra colour and smells you can add food colouring, spices, or herbs such as cinnamon, nutmeg, rosemary or mint**

**Make up some spells and sprinkle your potions around the garden**

## Other ideas:

**For an extra craft activity why not write down your spells on some paper and decorate your potent potion!**

**You could even create your very own spell book and keep writing down your creations.**

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