



Flower Pressing

Keep your favourite flowers looking beautiful and brand new



You can enjoy flowers all year round by pressing them. Make them into a decoration or stick them onto a card to make it extra special

What you'll need

- Fresh flowers
- A glass of water with 1tsp sugar mixed in
- Blotting paper (printer paper is ok too)
- A thick book
- A few other books or heavy objects

What to do/instructions:

1. Choose a few of your favourite flowers from the garden or local outdoor space. If you can't press your flowers straight away, pop the stems in a glass of water to keep them fresh
2. Remove any petals or leaves that you don't want to press and make sure the flowers are dry before pressing
3. Place a piece of paper in the middle of your thick book. Place the flowers face down onto the paper and cover with another piece of paper
4. Close the book and press down firmly. Stack the other books or heavy items on top
5. Leave for 2-4 weeks, making sure not to disturb your flowers
6. Gentle peel the pressed flowers off the paper. Your flowers are now ready to use in your other arts and crafts projects!

We would love to see your creations! Share your photos with us on Instagram or twitter /cityoftreesmcr



Manchester
City of Trees