

Go Wild for families

Journey Sticks



A great memory game for everyone; can you collect natural materials to tell the story of your journey and adventures through the woods?



Decorate a stick with natural materials you find while on a journey through the woods. All adventures from short walks to a hike can be recorded by collecting things along the way. Can you remember your way from the items you collect and tell the story of your journey?

What you'll need

- A good stick – you can find this at the start of walk or find one beforehand
- A great woodland or park to have your adventure
- Suitable clothes for the weather on the day

What to do/instructions:

1. At the start of your journey find a suitable stick to use. The best size is shorter than your arm and no thicker than an adult's thumb
2. Start your journey at the bottom the stick adding items as you go, working your way up the stick
3. You can poke the stick through the material and push it down, so you have room to collect more. Or tie the item on using a piece or long grass with a simple knot
4. Collect natural items to decorate the stick. If you see a bird or find a bug, collect a leaf or seed from that area to remind you of what you saw
5. Look at the trees as they change on your journey, different shapes or colours, different seeds, nuts, and flowers. Add items to your stick to remind you of these
6. If you stop for a snack or to play don't forget to add something to your stick to remind you where you stopped
7. At the end of your adventure each take turns in telling the story of your journey by saying what each item you collected reminds you of



Everyone's journey stick will be different and everyone's memories unique, it's a great way to share the adventure!

Bonus game - Can you find your way back by following your journey stick story backwards?

We would love to see your creations! Share your photos with us on Instagram or twitter /cityoftreesmcr



Manchester
City of Trees